District 4 Meeting Minutes of January 2, 2013, 6:30 p.m. La Jolla Lutheran Church 7111 La Jolla Blvd., La Jolla, CA 92037

Present were:

Michelle Mead DCM
Jeff Burgess Alt. DCM

Jim Kaiser Registrar/GSR La Jolla Beginners (Girard, Monday)

Rick Reid GSR Old Town Speakers

George Johnson GSR Living Free

Jack Tomlinson GSR Not a Glum Lot Big Book Study
Chuck Patterson GSR Diamond Street Men's Step Study

John Jay Owens GSR Dawn Patrol

Ricardo Sanchez GSR Saturday Night La Jolla Speakers

Rick P. GSR Friday Weeks End John L. GSR Sunday Beach Sun-day

Shirley O'Brien GSR PB Early Risers

Concept of the Month: Michelle (Concept One) Tradition of the Month: Jim (Tradition One)

Secretary Report: none

Treasurer Report: Michelle M. (in place of Linda M.)

1. Balance is \$1010.65

2. Gave a year-end review of cost and income

Registrar Report: Jim K. none

Standing Committee Reports:

Michelle - AGENDA: voted Alt. Chair of Agenda, no report, FINANCE: voted Secretary of

Finance, no report

George – ARCHIVES: stepping down due to conflict of meeting times

Jack - TRANSLATION: no report

Jeff - ACCESSIBILITES: voted Alt. Chair of Accessibilities, no report

DCM Report: Michelle M.

1. Reviewed Master Calendar:

January 5, 2013 -- GSR Orientation Assembly, First United Methodist Church, Mission Valley February 23, 2013 10:00 am - noon – Pre-Conference Workshop, Christ Lutheran Church Pacific Beach

March 1-3, 2013 - PRAASA, Boise, ID

March 28-31, 2013 – San Diego Spring Round-up, Town and Country Resort, Mission Valley

April 6, 2013 8:00 am - Pre-Conference Area Assembly - Torrey Pines Christian Church

2. Balance of Area 08 is \$12,335.24

- 3. Share publication that comes to GSRs, BOX 459, with groups.
- 4. Just over 36% of groups from Area 08 that are listed with GSO have contributed
- 5. AA members can now call in their stories to the Grapevine (up to 7 minutes) aagrapevine.com/audio-portal
- 6. Theme of the June 2013 issue is "How the Steps Changed My Life."
- 7. Alt. Delegate thanks AA members for voting to send Area Officers to PRAASA (Pacific Region AA Service Assembly).

Old Business:

- 1. (no Secretary Report from December meeting.)
- 2. Next District 4 GSR meeting, Wednesday, February 6, 2013 at 6:30 pm

New Business:

- Discussed ideas for giving a presentation at the January 5, 2013 Orientation Area
 Assembly on how to give sample GSR reports to your group.
 Three sample styles, (1) ideal report with explanation of what a GSR is coupled with
 information from District 4 meeting, including member participation, (2) monotone,
 boring report with heckling, throwing things, crickets and members getting up to leave,
 (3) 45 second report. Bullet point ideas for giving reports read at the end.
- 2. New GSR, Rick P., asked lots of good questions about being a GSR, all GSRs helped answer and shared their experiences.
- 3. Hosting of Pre-Conference Workshop at the Christ Lutheran Church in Pacific Beach on February 23, 2013. Will arrive at 10:00 am to set up and decided to provide coffee, water, fruit, yogurt and mini muffins.
- 4. Discussed safety in meetings. How to remove an offending member.

Close: 8:00 p.m. with the "I am Responsible" pledge.

Next Month: Snacks: John L. Cake: Jeff Tradition: Two, Jack Concept: Two, Rick R.