### Area 08 San Diego-Imperial County Alternate Delegate Report June 18, 2015

# **UNITY DAY IS AUGUST 29, 2015**

## It is a POTLUCK!

A potluck sign-up sheet will be available on **www.area8aa.org**\_Under Area Information on The Alternate Delegate's page.

Attached is the draft program for Unity Day. The focus of the 2015 Unity Day event is to:

- Link home group service positions to the service boards and committees serving the groups in San Diego-Imperial Counties.
- Give all who attend a chance to experience participation in the development of an informed group conscience and provide a report back on their experience.

**To start Unity Day**, the opening remarks will fully explain the activities of the event. Of course, a main topic concern will be how each person becomes eligible for the prize drawing.

The first hour of the event will have three independent sessions running concurrent.

- One session is devoted to tables of each Area standing committee and the service boards and committees serving the groups in San Diego & Imperial Counties.
- Another session will be be conducted in the same manner we see at PRAASA. There will be individual roundtable discussions for each respective group service position listed under Group Service Positions in the DCM notification. Hopefully, these roundtables will provide those who currently serve or may someday serve in the positions with:
  - 1. A better view of how service in these positions connect the group with A.A. as a whole; and
  - 2. An understanding of the role our wealth of service boards and committees serve to link the groups to information on A.A. as a whole.
- The third session is devoted to a sharing session at which DCMs and GSRs can share their experience, strength and hope and ask questions.

**Next**, we will offer all who attend an opportunity to experience the development of an informed group conscience. An informed group conscience is an important part of group life, and most group members have little to no opportunity to receive an explanation of how we conduct a group's decision making process. The process as described in Area 08's A.A. GSR Representative Manual will be used.

To prepare the participants for their mock informed group conscience meeting, a three-member panel will deliver information to the entire group on three topics that are yet to be determined. Each panel member will speak for 10 minutes on one of the three topics. The full group will then be divided into at least three groups; one for each topic. An appointed facilitator will lead his/her respective group in a mock group conscience meeting on its assigned topic. Finally, we will return to sit as one group to hear a report back on the experience.

To end, we will have the prize drawings and Sobriety Countdown.

Please see the additional details listed on the sheet that pertains to your service position to learn how you are requested to participate in Unity Day.

### There are instructions for the following service positions: Area Officers Area Standing Committee Chairs Area Liaisons District Committee Members

### CONTRIBUTIONS NEEDED Anticipated Attendance is 200

Set Up (Time and People) Clean Up (Time and People) Food Table Monitors (Time and People)

**Regular Coffee Decaf Coffee** Tea Creamer Sugar Equal Sweet 'n Low Stir sticks Cups for hot drinks Cases of bottled water - some 16 oz and some 8 oz Sodas lce Paper plates - dinner size Paper plates - cake size Forks Knives Spoons

**Financial Contributions** are needed for prizes. I have asked the Literature and the Grapevine/LaVina Committee to develop lists of items that will make great prizes. We need to insure we have items available in both English and Spanish. An example of a prize would be gift subscriptions to the Grapevine and LaVina.

We need financial contributions specifically designated for:

- Spanish Interpretation
- ASL Interpretation