

## SUNDAY MID-DAY HISTORY

The following is a short history of the Sunday Mid-Day Group as reflected by items appearing in the AA Coordinator. It illustrates some of the changes that occurred over the years. What has not changed, is the fact that Sunday Mid-Day is a group that continues to foster knowledge of, and adherence to, the Traditions of AA and to maintain singleness of purpose. We are here today celebrating 46 years because of the dedication to these principles by the many members who were here before us. The real story of Sunday Mid-Day lies in the experiences, hope, and strength of all who come here.

1957 AA Coordinator, February

“Goin’s On Around The San Diego Groups

New Group Starting: SUNDAY BREAKFAST GROUP: now being formed details will be sent out to you very soon.

A letter from the SAN DIEGO WOMEN’S GROUP was sent to the secretaries of the less than 45 San Diego AA meetings existing at that time. The letter announces the organizational meeting for a new “SUNDAY BREAKFAST GROUP”. The meeting was scheduled for Sunday February 10th. All interested A.A. members and Associates were invited. The letter reads in part:

“In response to numerous requests, the San Diego Women’s Group has voted to sponsor a Sunday “Breakfast Group” similar to that formally held at the San Diego Hotel. This type of meeting has been very successful in other areas and , as humble servants of A.A., the Women’s Group has agreed to underwrite this project until it is self-supporting.

The meeting itself will be set up as a regular, open A.A. meeting, with rotating leadership and in accordance with the Traditions of our Fellowship.”

1957 A.A. Coordinator March

Under “GROUP CHIT CHAT”

“Developing from talks at the SUNDAY BREAKFAST GROUP (Sundays, 11:45AM, Park Hotel, 3359 5th Ave.) (Breakfast optional from 10:30 - 50 cents up) plans are afoot for a new ALATEEN GROUP.....”

1958 A.A. Coordinator April

Under “MEETING NOTES”

“SUNDAY BREAKFAST GROUP now meets at the ALANO CLUB, 300 Laurel at 12:00 noon. Paul and Jackie will provide breakfast prior to the meeting, to those who wish it.”

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1960 The Alano Club at 300 Laurel closed in February and the meeting moved to the Davidson Room, across from the Cafe Del Moro in Balboa Park. The room was a long, narrow room which seated 25 people around one or two long tables. In the court yard between the cafe and the meeting room was a fountain.

1960 A.A. Coordinator October  
Under PEOPLE-PLACES-THINGS  
CHANGE IN NAME: Sunday Breakfast Group, now known as Sunday Mid-Day Group. Meets in same place-Davidson Room - House of Hospitality - Balboa Park 11:45A.M.

1966 A.A. Coordinator February  
Under GROUP NEWS ( two items)  
"The SUNDAY MID-DAY GROUP members go together on Saturday January 30th and motored to Laguna Beach for a Saturday night meeting at the new Canyon Club. A.A. members from the Laguna area attended and the hospitality extended the San Diego Group was unsurpassed....."

The Sunday Mid-Day Group will celebrate their 9th anniversary with an open house on Sunday, February 20th in the La Salla Room of the House of Hospitality in Balboa Park. Guest speaker for the occasion is Wayne H., speaker at the last Traditions Breakfast. All AA's and their guests welcome. Meeting time is 12:30.... Arms length AA begins around 12:00 noon. Come early and get set for a wonderful meeting.....A fine speaker."

1966 A.A. Coordinator April  
Under GROUP NEWS  
"The Sunday Mid-Day group is planning a group picnic, tentatively set for May 22nd, after the meeting around 3:00PM in Balboa Park. The area has not yet been determined, but suggestions are welcome. Everyone welcome. If you play a musical instrument, be sure to bring it along. Food arrangements are undecided, but it looks like a box lunch is favored. Guests welcome."

1966 A.A. Coordinator June  
Under GROUP NEWS, in an item concerning tourists to San Diego was the following: "Balboa Park Sunday Mid-Day meeting is also a very likely spot to run into travelers. These people will expect to find, and meet, other AA's.....Please don't disappoint them....ATTEND AS MANY MEETINGS AS YOU CAN THIS SUMMER!!!!!!"

1967 A.A. Coordinator January  
Under Group News  
"The Sunday Mid-Day Group will celebrate their tenth anniversary Sunday January (February?) 12th in the La Salla Room - House of Hospitality in Balboa Park. A

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special program of speakers from the YOUNG PEOPLE'S GROUP and the host group is planned. Everyone is welcome."

The Sunday Mid-Day Group continued to celebrate it's anniversaries with the Young Peoples Group in 1968 and 1969. I do not know exactly when or why the group decided to go to a different anniversary format but by 1976 in the February issue of the Coordinator, the anniversary announcement read as follows:

"February 22 - 19th anniversary of Sunday Mid-Day Group at 12:30 PM, House of Hospitality, Balboa Park in the Loggia Room 2nd floor. Open discussion group dedicated to the AA Principles and Traditions of Unity, Recovery, and Service."

In the late seventies, San Diego Mid-Day moved to the Bridge Club building in Balboa Park. Except for a short time in the late nineties when the group met in a cafe and then at Stepping Stones, Sunday Mid-Day has continued to meet in the Bridge Club every Sunday from 12:30 to 13:30 p.m..