



# **SAN DIEGO – IMPERIAL AREA**

## **ASSEMBLY OF ALCOHOLICS ANONYMOUS – AREA 8**

# **NEWSLETTER**

**March**  
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*Issue*

P.O. Box 3670, San Diego, CA 92163

Visit the Area08 website [www.area08aa.org](http://www.area08aa.org)

“Supporting our Future; Growth, Participation, Contributions”

for minutes from our Area 08 Assembly [click here](#)

## *Willing to Go To Any Length*

By Joe W.

I was rotating out of an essential service position but there was no one stepping up to replace me. For example, the people I asked said they didn't have the time, and I wanted desperately to keep the doors of AA open! I said to myself, the heck with this! I told the group I would remain standing until someone took the position. I was not sitting down until someone stepped up and took that commitment! And you know what? I said to myself, man this is it! I meant it! I kept standing to let everyone in the mixed meeting know that I was serious. I was not sitting down until someone in that room took that commitment. I had served and I benefitted from doing it! Finally, yes, I sat down, but not until a guy got up and took it! I feel it's good for sobriety - for everyone's sobriety - to take commitments. If you've been here 5-years you think you've got things under control. Like me, I was thinking like that at 5-years, but now that I've got 30-years; I know I don't have stuff under control! Not at all! Service keeps me sober!

## *Committee Chairs Speak at the Assembly*

Robert Chair of the Accessibilities Committee: We meet on the 4<sup>th</sup> Tuesday 7pm AA Central office come if you want to see what we do you're always welcome to come.

Marcello standing in for the chair of the Agenda Committee. Gonzolo is our Chair, who couldn't be here today: We meet 2<sup>nd</sup> Thursday from 7-8 at AA Central office. We create agendas for the assembly's and the ACM. I am a past treasurer and GSR and I am learning about the agenda committee. So today we invite you to sign for this committee we need more helpers. So, come to agenda committee this coming 2<sup>nd</sup> Thursday. Thank you very much.

Josh speaking for the Audio-Visual: We use the audio-visual volunteers at all assemblies. They need your help. Basically, they go around and set things up and break things down.

John Chair of the Archives Committee: if you're familiar with the Roots meeting? Our fingerprints are all over that! We put that on every year. If you want to join the archives committee you get to touch cool stuff. We meet the 1<sup>st</sup> Wednesday 7-8 at the AA office.

Vito Chair CPC Committee: CPC cooperation with the professional community. That's exactly what it is, it's just like it sounds we cooperate with the professional community. We do outreach. We offer a way to help non-alcoholics and possible alcoholics reaching out for help professionals. It's important.

If you are a GSR I would ask you to volunteer with the CPC committee. We meet the last Monday (not the fourth) at 6:30 at AA central office.

Josh Chair of the Finance Committee: How many of us have a grocery list but, while we're shopping, we stop to look at how much money we have in the bank? Well we don't have much, so we stock up on sugary snacks! Then we visit the dentist to find out we have cavities. Maybe that wasn't the best decision. Wouldn't it have been nice to have someone say "junk food's not the best decision for you. You should buy balanced meals, vegetables, fruit, and meat to stay healthy." Of course, that would have been great! To follow that better way, we start making a meal plan and then making a budget and that allows us to see how much money we have. That's what we do at finance. So, we need participation from you guys. Anyone that has breath in their lungs and a willingness to serve. We need you to be a part of finance. I have a few people rotating off because they've served their time. You know what at the end of the day maybe if you're a part of one of those groups that says "You know what does area 8 do with their money and why should we send it to them?" and you're a GSR and you don't know how to answer them then maybe you should be a part of finance. We get as many opinions as possible and over time I've found a better well-rounded decision is formed. We meet the 2<sup>nd</sup> Monday at AA central office.

Blaine speaking for Chair of the Grapevine La Vina Committee: I need to relay to you that Joel works on Saturdays. Joel has mentioned that his time is up as chair of that committee, and the Grapevine La Vina does a lot of good work and they need new members and a new chair. So, if you're on that committee or you'd like to join that committee they do need a new chair.

Sasha Chair of the Literature Committee: We meet the 3<sup>rd</sup> Monday 6:30 at AA Central office. We usually sit down and talk about some business. We talk about how we can get literature into more meetings. How we can create the literature racks for specific meetings. We're also talking a lot about the upcoming conference and all the literature (that you guys are going to learn soon) about all the changes that we want to make. If you have any ideas, suggestions on making a change to literature maybe how we can add something to it to further reach the new members coming in. That's the kind of ideas we mainly focus on. We need you. We are looking for fresh ideas, and input on how to get more literature out there and how to make it maybe more engaging. We also just put on a movie night last year which was awesome! We had popcorn and candy buffet. We are trying to bring fun into literature! If you see the pamphlets and flip through them, you know that was

## *Committee Chairs Speak (cont.)*

the first thing I ever got was the newcomer packet, then I realized you know there are more stories in all those pamphlets than you're ever going to find in the big book. We really get to shoot around this information. We open one of those pamphlets and we talk about it. If you're interested in literature or if you have ideas, suggestions. Also, if you're districts want the literature, and if you want the literature committee to come to your district, we are happy to do that as well. We would love to hear any of your ideas.

Chuck Chair of the Information Technology Committee: Among other things we maintain the website. Our web servant, Karen, although a separate position, is a member of our committee. We also provide postings for current events, district meetings, committee meetings, and workshops and meetings. We meet on the 2<sup>nd</sup> Wednesday of every month at 6:30 we meet online via an application called zoom. I want to encourage members to sign up.

Jean Chair of the Newsletter Committee: How many people subscribe to BOX 459? A few people in here. I'd like to take it to that level. I've been talking to the IT Committee and we are hoping to get the newsletter posted up on our area website. If you would like to join, we are moving the meetings to the 4th Sunday at 2:30pm, or if you don't want to come in person but would like to participate, we ask everyone to send in an article.

Earnest Chair of the Policy Committee: The policy committee has a lot of outstanding items that we're working with. First and foremost is the update of the structure and guidelines, which are basically the layout of the roles and responsibilities and functions of all committee chairs, the officers, and it's a huge effort we are really looking for participation from everyone including the Hispanic community. We will be translating this into Spanish.

### **Self-Support: Where Money And Spirituality Mix**

Self-Support: Where Money and Spirituality Mix pamphlet is an excellent guideline for all GSR's when sharing about AA contributions with their home group. There is an expedient way to make contributions online instead of mailing in a check.

Did you know GSO offers FREE online donations?

### **The Sign Language Fund**

Did you know about the Sign Language Fund's "Gold Can." Groups and districts are welcome to make regular contributions as they help us maintain a stable budget. Checks should be made payable to "District 6 Area Assembly AA" please write "Sign Language Fund" in the memo line. All contributions whether large or small are appreciated. Send to P.O. Box 34258, San Diego, CA 92163

In addition to updating the structure and guidelines we are also the first order of business for reviewing flyers; Work in that effort is changing. As I told you our work is very fluid. As I mentioned I do look for your participations. Please let me know if you have any questions.

Richard chair of the Translation Committee: Our committee has between 5 to 7 volunteers, and if you'll notice the amount of paperwork at the assembly, they have translated all that work. So, we need your support. We know there are many people who are bi-lingual, and we need your support for this committee. If we have this connection those in Spanish and English will be having a much stronger connection. We attend events such as Roots, or any other events we see we make that connection between us. Our committee does not have a specific date to get together, but we are in constant communication through email. For the Spanish speakers you don't necessarily have to know English. Sometimes after we translate to Spanish it sounds awkward, so when you receive it, you can read through it and make those edits for us. As Jerry said; "To be of service is to love," so love me.

Katherine Chair of the Young People's Committee: We just changed our meeting to the 2nd Friday of the month in Carlsbad. We work to connect the area to young people's groups within our area and visa-versa. Currently we going to be launching the membership survey very soon. We expect very soon that we will go live. We could use a lot of help to make sure everyone gets reached, and that everyone is included in the survey of our fellowship. So, we really could use some more participation.

Visit the Area 08 Website to view a complete list of all our standing committees, including a brief statement of purpose: [Area 08 Standing Committees](#)

### **Newsletter Submission Guidelines**

[newsletter@area8aa.org](mailto:newsletter@area8aa.org)

We need your fresh ideas!

Email an article to the newsletter for consideration to be published. Articles are preferred to be service related but can be anything from your personal experience to individual or group viewpoints on AA related matters. 500 words and under are suggested. To view archived newsletters [click here](#).