

Mental Health in AA Workshop

Saturday, November 5th 9am – 2pm!

Our goal is to create a safe space for all to recover.

“There are those, too, who suffer from grave emotional and mental disorders...”



- **Speakers on Mental Health Topics!**
- **AA's Sharing their Experience, Strength & Hope!**
- **Breakout Discussions!**
- **Food and Refreshments!**

Hybrid Event - Spanish and ASL interpretation available!

Seaside Center for Spiritual Living

1613 Lake Dr. Encinitas, CA. 92024

Virtual Attendees Zoom Info:

<https://us06web.zoom.us/j/87228448319> Meeting ID: 872 2844 8319 Passcode: D22022

+16699006833 87228448319# *746613# US (San Jose)

+16694449171 87228448319# *746613# US

Sponsored By Districts 2, 14 & 21 of SDIAA Area 8

If you have any questions contact Chairperson - Sutton K.

DCM_02@area8aa.org

Register at:

<https://mental-health-in-aa-workshop-a.constantcontactsites.com/>



SCAN ME